

Route 1 - Willesden Junction Station to Willesden Green

Start at Willesden Junction Station - Station Approach turn right onto Station Road at the round about where the Jubilee Clock is centred. Turn left onto High Street then straight onto Craven Park Road at the traffic light and junction of Manor Park Road turn right onto Manor Park Road the turn left onto Park Parade. At the roundabout turn left onto Harlesden Road. From Harlesden Road turn into Roundwood Park - walk around Roundwood Park then back onto Harlesden Road then turn right onto Donnington Road to Willesden Sports Centre and King Edward VII Sports Ground. Then walk back onto Donnington Road to Harlesden Road then Pound Lane. Turn left onto Glebe Road to Willesden Cemetery - walk around the Cemetery then walk back onto Glebe Road and turn right back onto Pound Lane then Harlesden Road, then Grange Road, High Road, then left at the traffic light onto Walm Lane. **End walk** at Willesden Green Tube Station.



Roundwood Park is a formal Victorian Park that has English Heritage grade two listed status. This park is a current holder of the Green Flag Award. This award scheme is the benchmark national standard for parks and green

spaces in the UK. There is a dog control order for the entrance and flower gardens areas. **Willesden**

Cemetery: Willesden New Cemetery was opened in 1891. It includes the Willesden Civilian War Memorial, a tribute to local civilians who died in the Second World War.

Facilities:

Walk down the hustle and bustle diverse and vibrant high street with shops representing African/Caribbean, Portuguese and Brazilian communities (less suitable for prams and wheelchair), **Royal Oak Pub, Harlesden Library.**

Sports Facilities:

Roundwood Park: Playground, Tennis Court, Netball Court, Bowling Green and Multi-use games. **Willesden Sports Centre and King Edward VII Sports Ground:** Playground, Quiet / picnic area, 7 a side football pitch, Football pitch and Gaelic football pitch. Car park in the sports centre.



Places of Interest/Heritage

Jubilee Clock: This Grade II Listed structure commemorates the Golden Jubilee of Queen Victoria in 1887. The Listed Buildings website describes it thus: "Erected by public subscription 1887. Cast iron. Square base with inscription panel. Tapering decorative square feature above it decorated with dolphins, armorial bearings, supporting fluted circular column with spiral ornament, shields of arms and swags and square topped. Florentine capital. Above capital is a cube with a round clock face on each side crowned by pediments; central urn and spike. Lanterns removed."



Church of All Souls (Grade II*). The Willesden Hippodrome Theatre: based in Harlesden was destroyed by German bombs in August/September 1940.

The remains of the building stood on Harlesden High Street for many years, becoming an unofficial playground for local children, who trespassed onto the property. The remains were demolished in 1957. In the 1960's an office block was built on the site. Known as Harlesden House, it originally served as a Government Labour Exchange now a Job Centre Plus.

Distance

6.3 miles - 10.2 km - 14,655 Steps

Time

1hr 40mins - **Fast**, 2hrs 13mins - **Medium**, 3hrs 20mins - **Slow**

Calories

678 - **Fast**, 605 - **Medium**, 584 - **Slow**

Brent Walks

A series of healthy walks for all the family to enjoy

Route 1 - Willesden Junction Station to Willesden Green



Route 2 - Dollis Hill Tube Station / Gladstone Park to Willesden Tube Station

Start at Dollis Hill Tube Station go straight onto Burnley Road and cross the road to Hamilton Road at the end of Hamilton Road turn right onto Kendal Road and onto Gladstone Park walk past Outdoor Gym and walk through top of the Park to Dollis Hill Lane, cross Dollis Hill Lane and turn left onto Crest Road for **Old Oxgate Farm House**. Then walk back from Coles Green Road onto Dollis Hill Lane and via into Park and take top pathway and exit at Kendal Road. Turn right onto Anson Road then Melrose Avenue, cross over Walm Lane to Keyes Road where you'll find **Mapesbury Dell**. Walk back onto Walm Lane which will take you back onto Willesden Green Tube Station where the walk will **End**.

Gladstone Park: Evolved from the Dollis Hill Estate and became a public park at the turn of the 20th Century. Initially the park was to be called Dollis Hill Park, but its associations with Sir William Gladstone were so strong that it was decided to name the park after the former Liberal Prime Minister. The Park was opened in May 1901 and many of its features date from that time, including the fine tree lined avenues.



Holocaust Memorial: In a quiet corner of Gladstone Park is a memorial to Prisoners-of-War and Concentration Camp Victims. **Dollis Hill House:** The demolition of Dollis Hill House is now complete and the footprint of the house has been retained.

Mapesbury Dell: is Northwest London's best kept secret. An award-winning park, it is the jewel in the heart of Mapesbury, a truly magical garden hidden behind a row of residential houses. Once you have discovered it, you'll keep coming back. It is open to the public during daylight hours. We have annual events such as the popular Wild Day in the summer, festive fun and carol-singing at Christmas, as well as a regular Gardening Club. And we are always busy with ongoing projects. <http://www.mapesbury-dell.org/>

Facilities:

Toilets, including disabled access and baby changing facility, cafe (located at Gladstone Park). The Crown Pub.

Sports Facilities:

Gladstone Park: Tennis court, stables, slopes and flat ground, Children's playground, Stables Gallery and Arts Centre, Walled flower garden, Arboretum, Duck pond, Terraced garden, Wildlife area, Allotments, Cricket pitch, Football pitches, Gaelic football pitch, MUGAs, Netball courts, Rugby pitch, Mini soccer pitches, Outdoor gym, Tennis Courts, Mini Tennis Courts.



Mapesbury Dell: Play area for children with the ever popular Pirate Ship and other brilliant play equipment. An educational pond full of wildlife. Central 'bouledrome' for community events and even a game of boules! Picnic tables for al-fresco dining and socialising. Gorgeous lawns for some peace and quiet. Bird feeders to attract all sorts of bird life, and informative signage to help you identify visiting species. A fantastic sculpture by Jim Partridge named the Buzz Tower after it became home to a colony of bees.

Places of Interest/Heritage

Dollis Hill Station. Cabinet in Neasden: Underground 1940's bunker used during WWII by Winston Churchill and the Cabinet. Purpose-built of reinforced concrete, totally bomb-proof subterranean war citadel 40ft below ground, with Map Room, Cabinet Room and offices, housed within a sub-basement protected by a 5ft thick concrete roof.



OPTIONAL: Old Oxgate Farm (Grade II*): in Coles Green Road, is thought to be the oldest surviving house in the borough. Sitting relatively unnoticed in between flats, shops and houses it has been standing since the 1400's and forms part of the old Manor

of Oxgate, land which spanned over 1000 acres. All that remains today is around an acre of land and the original farmhouse which through time, has suffered from structural damage and is in need of investment. **St. Gabriel's Church, Cricklewood.**

Distance

4.7 miles - 7.5 km - 10,830 Steps

Time

1hr 15mins - **Fast**, 1hr 40mins - **Medium**, 2hrs 30min - **Slow**

Calories

505 - **Fast**, 452 - **Medium**, 437 - **Slow**

Brent Walks

A series of healthy walks for all the family to enjoy

Route 2 - Dollis Hill Tube Station to Willesden Tube Station



Route 3 - Kensal Green Station to Willesden Green Station

Start at Kensal Green Station then Harrow Road cross over to Kensal Green Cemetery and walk through Kensal Green Cemetery and back onto Harrow Road and cross over to College Road and turn right onto Mortimer Road. Then go straight onto Harvist Road then Queens Park Station. From Queens park Station turn left onto Salusbury Road and turn right onto Winchester Avenue. At the end of Winchester Avenue turn right onto Willesden Lane and then Paddington Cemetery. Continue on Willesden Lane and at the end of Willesden Lane cross over Kilburn High Road to Messina Avenue for access to Kilburn Grange Park. Walk round the Park and turn back Kilburn High Road and cross the road to The Tricycle. From the Tricycle onto Kilburn High Road and turn left and walk towards Kilburn Tube Station. Then turn left onto Exeter Road - at end of Exeter Road turn left onto Walm Lane then onto Hoveden Road - at end of Hoveden Road turn left onto Keyes Road where you'll find **Mapesbury Dell** - at the end of Keyes Road turn left onto Walm Lane and **End walk** at Willesden Green Station. ***OPTIONAL:** From Queens Park turn right onto Calton Vale then left to Albert Road at Canterbury Terrace, Canterbury Road - (walk through the Peel Precinct) then Princess Road, Cambridge Garden then Cambridge Avenue for the **(RSPCA WW1 Memorial Dispensary)**.



Queen's Park: is a 12 hectare park managed by the City of London and has been open to the public since 1887. It provides a welcome splash of green in one of the most densely populated parts of London, serving the residents

of the London Borough of Brent in which it is located, as well as Londoners in general.

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Facilities:

Shops, cafes on Harrow Road, Salusbury Road, Kilburn High Road, Cricklewood Broadway. **Queens Park Cafe** (located in the park), public toilets. **Willesden Green:** Diverse and vibrant high street with shops representing African/Caribbean, Portuguese and Brazilian communities.

Kilburn High Road: diverse range of shops, South Kilburn regeneration and Kilburn Tube Bridge. The Crown Pub at Cricklewood, Black Lions Pub, Kilburn, Queens Arm Pub, Kilburn and The Prince of Wales Pub, Kilburn. Kensal Rise Library. **The Tricycle:**

Sports Facilities:

Queen's Park: Facilities include six all-weather tennis courts, a pitch and putt course, a petanque pitch, an ornamental garden, a children's playground with paddling pool, a small zoo and a cafe.

Mapesbury Dell: Play area for children with the ever-popular Pirate Ship and other brilliant play equipment. An educational pond full of wildlife. Central 'bouledrome' for community events and even a game of boules! Picnic tables for al-fresco dining and socialising. Gorgeous lawns for some peace and quiet. Bird feeders to attract all sorts of bird life, and informative signage to help you identify visiting species. A fantastic sculpture by Jim Partridge named the Buzz Tower after it became home to a colony of bees.

Places of Interest/Heritage

Queens Park Bandstand (Grade II*), Telephone Kiosk (Grade II*) - southwest corner, **Queens Park Conservation Area, Willesden Green Station (Grade II*), Church of St. Andrew (Grade II*), Willesden Library, Gaumont State (Grade II*), Grade II* villas.**



Also, Grade II* Cambridge Hall - 1863 'Tin Tabernacle'. St. Augustine Church, Kilburn, Church of St Andrews, Willesden. Fine examples of Victorian and Edwardian architecture (Robson and Furness), Old Victorian steet lamps, Harvist Road School (Victorian school). **St. Mary Cemetery & Kensal Green Cemetery / Kensal Green (All Souls) Cemetery** (Grade I Park & Garden (K&C/H&F). Registered Park & Garden (Grade II), The Chapels (Grade II), Goetze Grave (Grade II).

***OPTIONAL: Located at 10 Cambridge Avenue, just off the Kilburn High Road, you will find the RSPCA WW1 Memorial Dispensary.** The building itself dates to the early 1930's. Formally opened in March 1931 it treated over 6,000 animals in its first year. The front of the building has a large bronze plaque above the door as a memorial to animals killed in the First World War. It's an impressive piece of bronze sculpture by F Brook Hitch of Hertford. It illustrates a depiction of a winged victory holding wreaths to the left and the right and then pairs of animals that saw action and gave service - horses, mules, oxen, dogs, elephants, camels and pigeons. **Queens Park Lexi, site of tornado, the Belgian Refugees. St. Gabriel's Church at Walm Lane. St Gabriel's Church, Cricklewood.**

Distance

7.8 miles - 12.6 km - 18,045 Steps

Time

2hrs 2mins - **Fast**, 2hrs 43mins, **Medium** , 4hrs 5mins - **Slow**

Calories

832 - **Fast**, 742 - **Medium**, 716 - **Slow**

Brent Walks

A series of healthy walks for all the family to enjoy

Route 3 - Kensal Green Station to Willesden Green Station



Route 4 - Northwick Park to Alperton Train Station

Start at Northwick Park Station exit at Northwick Hospital and take the footpath at Northwick Hospital and come out at Watford Road. Cross Watford Road and follow the footpath leading to Peterborough Road - turn left towards High Street - then London Road - then Sudbury Hill Road. At the end of Sudbury Hill Road Roundabout turn left on Sudbury Court Drive - then turn right onto Sudbury Court Road, then turn right onto the Elmwood Park which leads to Elms Lane. Turn right onto Elms Lane then onto Homefield Road which will take you onto Watford Road and cross the road over onto Vale Farm. Walk around Vale Farm and walk back to Watford Road, then Harrow Road then onto Barham Park then back onto Harrow Road to St. John the Evangelist Church / Cemetery and cross over Harrow Road to Talbot Road which will take you onto Chaplin Road. Turn right and walk past Wembley Centre for Health & Care, then turn left onto Farm Avenue. Walk through footpath to Stapleford Road, then Norton Road, then walk through One Tree Hill Recreation Ground, then Bowrons Avenue then Ealing Road and turn right at Ealing Road towards Alperton Tube Station. **End walk** at Alperton Station.

University of Westminster (Harrow Campus), **Northwick Park and St Mark's Hospital.** **Vale Farm Sports Centre.**

Barham Park: Barham Park was once grounds of the c18th Crab's House, which was acquired in 1801 by John Copland, who built Sudbury Lodge (later called Barham Mansion) in c1850.

By 1895 the estate was owned by Sir George Barham; it was inherited in 1913 by his son Titus, who spent much on its improvement. When he died in 1937 he left the house and grounds to the citizens of Wembley, together with his private museum. The park today has formal gardens and more open parkland. There are remnants of earlier features such as garden balustrades of Barham Mansion, walls and ornamental gates. Wembley and Brent Parks Nursery was here from 1950-1960's, its site now the Queen Elizabeth II Jubilee Garden, with the old nursery glasshouse as its focal point.



Facilities:

Toilet and cafe (located in Sainsbury's supermarket). The Fusilier Inn. Local shops along Watford Road and Ealing Road. Toilet facilities available at Sudbury Town Tube Station (in front of).

Sports Facilities:

Barham Park: Walled Garden, Children's play area.

Places of Interest/Heritage

Sudbury Town Tube Station (Grade II*). The station is an important building in modernist architectural design. **Ealing Road** (cultural jewel). **Ealing Road Library.** Towpath Canal, The new **Shree Sanatan Hindu Temple:** The £16 million Hindu mandir is located on 2.4 acres of land in the centre of the well known shopping area on the Ealing Road, Wembley which is visited by thousands each year. There is none of the metal core most buildings have and, instead, it has been built using ancient techniques based on Hinduscritures. The method dates back thousands of years and was used to construct the world famous Angkor Wat in Cambodia. The beautifully carved temple is made up of mixed stones from Jaisalmer, Bansipahad and Makrana marble, while the majestic outlook is decorated by Jaisalmer lime stone, all of which have been imported from India. **Wembley Central Mosque, Alperton Cemetery, Grand Union Canal walk (close by).** Wembley High Road, Wembley Fire and Police Stations are close by on Harrow Road. Wembley Centre for Health & Care. **St John's Church** (the parish church of Wembley). **Harrow School:** The School's History - Having received the Royal Charter in 1572, John Lyon's new School House was completed in 1615 and opened with one recorded pupil. By the beginning of the nineteenth century, Head Master Joseph Drury could count among his pupils a quartet of future Prime Ministers. In the late nineteenth century, Charles Vaughan (disciple of Thomas Arnold) and HM Butler brought to the School the far-reaching developments of Victorian education. Since then, and particularly in the last 25 years, the School has significantly modernised, both in terms of its pedagogy and facilities. Today, there is no typical Harrovian and this is celebrated in a favourite School Song ("Welcome poet and statesman too..."). Current boys take daily inspiration from statesmen such as Peel, Palmerston, Churchill, Pandit Nehru and King Hussein of Jordan; writers including Byron, Sheridan, Trollope, Dornford Yates and Richard Curtis; Anthony Ashley-Cooper, the seventh Earl of Shaftesbury and influential social reformer; Lord Rayleigh, the physicist and Nobel prize-winner; Fox Talbot, the inventor of photography; the archaeologist Sir Arthur Evans and Bruce the explorer; Sir William Jones, father of philology; Admiral Rodney and Field Marshal Alexander; and nineteen winners of the Victoria Cross.



Distance

7.1 miles - 11.4 km - 16,425 Steps

Time

1hr 59mins - **Fast**, 2hrs 39mins, **Medium** , 3hrs 58mins - **Slow**

Calories

803 - **Fast**, 723 - **Medium**, 700 - **Slow**

Brent Walks

A series of healthy walks for all the family to enjoy

Route 4 - Northwick Park to Alperton Train Station



Route 5 - Brent Civic Centre to King Edward Park

Start at Brent Civic Centre - Engineers Way. At the end of Engineers Way cross over Empire Way then Dagmar Avenue cross over Park Lane onto King Edward Park. Go round the Park and walk back onto Park Lane then Dagmar Avenue, Empire Way and back onto Engineer Way and **End** at Brent Civic Centre



King Edward Park: King Edward VII Park was opened to the public on 4 July 1914. The land which has become the park was purchased by the Council in memory of the late king and to replace the loss of Wembley Park as an open

space. The park was formally laid out for sport and leisure activities and many of the facilities still exist today. This is a true family park which is well used by local residents. This park is a current holder of the Green Flag Award. This award scheme is the benchmark national standard for parks and green spaces in the UK. There is a dog control order for the flower garden area.

Facilities:

Shops and cafes located at London Designer Outlet and local Tesco Express.

Sports Facilities:

7 a side football pitches, Bowling Green, Football pitches, Mini football pitches, Multi Use Games Area, Tennis Court, Playground and Outdoor Gym - (personal training sessions - Wednesdays 2pm to 3pm).

Pic required?

Places of Interest/Heritage

Wembley Stadium and Arena, White Horse Bridge & Fountain Studios(close by), Brent Civic Centre / Library and London Designer Outlet.



Distance

2 miles - 3.3 km - 4,710 Steps

Time

35mins - **Fast**, 47mins, **Medium** , 1hr 11mins - **Slow**

Calories

234 - **Fast**, 212 - **Medium**, 206 - **Slow**

Brent Walks

A series of healthy walks for all the family to enjoy

Route 5 - Brent Civic Centre to King Edward Park

